

What are clinical research studies?

Clinical research studies help scientists and doctors explore whether a medical strategy, drug, or device is safe and effective for humans. Before a new drug or device can be used for therapy, it must go through several phases of clinical research:



Phase 1: First study of a new drug in people.



Phase 2: Study to learn if a new drug is safe and understand how it affects certain health conditions.



Phase 3: Study confirming if a drug is effective at improving a health condition.



Phase 4: Continued research after a drug is approved for public use.

Brightn is a **Phase 2** study.

VI | 16JUN2020 | CIN-107-121

For more information about the *Brightn* study, visit Brightnstudy.com or contact:



A bright future for treatment-resistant hypertension care.

Learn about a new, investigational drug for treatment-resistant hypertension in the *Brightn* study.



The future of hypertension care is bright.

Treatment-resistant hypertension can be disheartening. It doesn't have to be.

This brochure contains information about *Brightn*, a clinical research study exploring a potential new therapy option for people with hypertension. Continue reading to find out if participation is right for you!



How could the study drug help your hypertension?

The study drug is designed to target aldosterone, a hormone that helps regulate blood pressure in the body. The aldosterone pathway, which produces aldosterone, is sometimes targeted by hypertension medications to help lower blood pressure. However, aldosterone may increase again even if you are taking medications, potentially increasing blood pressure. When medications no longer help control your blood pressure, this is called treatment-resistant hypertension.

The study drug is designed to work with your current medications to reduce aldosterone and to help manage your hypertension.

Can you participate in the *Brightn* study?

If you meet the following requirements, you may qualify for the *Brightn* study:

- You are an adult (at least 18 years old) with hypertension
- You are taking hypertension medications on a regular basis
 - **Note:** You may have to adjust the medications you are taking to meet study requirements
- You have a blood pressure of at least 140/90 but less than 180/110
- You do not work night shifts

What can you expect during the study?

If you choose to participate in the study, you can expect the following:

- **Screening period (up to 8 weeks).**
Visit the study clinic to find out if you qualify. You may need to adjust your hypertension medications during this period
- **Run-in period (2 weeks).**
Take your hypertension medications and the study drug* daily for 2 weeks. During this period, only the study doctor will know what study drug you are taking
- **Treatment period (13 weeks).**
If you still qualify after the Run-in period, you will take your hypertension medications and the study drug* daily for 13 weeks and attend study clinic visits. During this period, neither you nor the study doctor will know what study drug you are taking
- **Follow-up phone call (1 week).**
Receive a follow-up phone call from the study staff after your last study clinic visit

*You will receive either the investigational study drug or a placebo (no active drug ingredients).